## BIGEASY SWIMEASY

The New Orleans Health Department encourages children and teens in the city of New Orleans to join "Big Easy Swim Easy." Learn swimming safety through education and swimming lessons throughout the city.

#### **Drowning is Preventable!**

We want to teach every child to swim!

The New Orleans Health Department, in partnership with The 18<sup>th</sup> Ward, is providing FREE swimming lessons for children and teens in New Orleans.

Scan the QR code to sign up for FREE Swimming Lessons Today





# Drowning is the #1 cause of death for children ages 1-4 years old in the U.S.

Between 2019 and 2023 there were 18 unintentional drownings in Orleans Parish between the ages of 0-19 years-old

### **Water Safety Saves Lives!**



## Recommended Layers of Protection for Drowning Prevention

- 1) Take swim lessons
- 2) Swim near a lifeguard
- 3) Have adult supervision
- 4) Use lifejackets in open water
- 5) Fence in all sides of your pool





