

# HIV Discordant Couples



## What is an HIV Discordant Couple?

When one partner is infected with HIV and the other is not.

An HIV discordant couple is also called a mixed-status couple.

## Ways to prevent HIV transmission within a discordant couple



I'm HIV Positive



Take HIV medicines every day



Keep all medical appointments



I'm HIV Negative



Ask a health care provider about PrEP, an HIV prevention method



Get tested for HIV often



We're Discordant



Use condoms during sex



Don't have sex with other people