

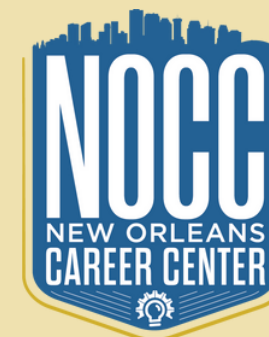
NEW ORLEANS EMERGENCY MEDICAL SERVICES

Your Path to Becoming an EMT Starts Here

Apply Today: [JOINNOEMS.ORG/RECRUIT-HIRING](https://joinnoems.org/recruit-hiring)

A COMPREHENSIVE GUIDE TO THE NOEMS RECRUIT ACADEMY:

- **Salary and Benefits**
- **Hiring Process**
- **Overview of Recruit Academy**
- **Physical Agility Exam**
- **Work Life After Academy**
- **Frequently Asked Question**



JOIN THE HEARTBEAT OF NEW ORLEANS

EMS RECRUIT SALARY

Hourly Rate: \$17.58

Annual Rate: \$36,570

(based on a 40-hour workweek)

EMPLOYMENT BENEFITS

(includes but not limited to)

- **Group health, dental, and vision insurance**
- **Free life insurance policy**
- **15 paid holidays per year**
- **Paid sick and annual leave**
(upon graduation)
- **Yearly uniform allowance**



Minimum Qualifications

- Applicants must be at least 18 years old at the time of application.
- Must possess an original high school diploma or G.E.D. issued by a state department of education.
- A valid driver's license is required.

The Hiring Process

Step 1: Application and Documents

- Visit joinnoems.org/recruit-hiring to:
 - a. Submit your Recruit Academy application
 - b. Complete the Civil Service Application for “Emergency Medical Technician, Recruit”

Step 2: In-Person Multiple-Choice Examination

- Schedule and complete the Fisdap Exam with Civil Service. Fisdap is an assessment to evaluate the knowledge and readiness of prospective EMT candidates.

Step 3: Hands-Only CPR/Stop the Bleed Training Test

- No preparation required. Candidates will be tested on their ability to learn and demonstrate these lifesaving skills.

Step 4: Interview

- Panel interview with the Recruit Academy Coordinator and members from NOEMS, NOCC, and EMS Corps.

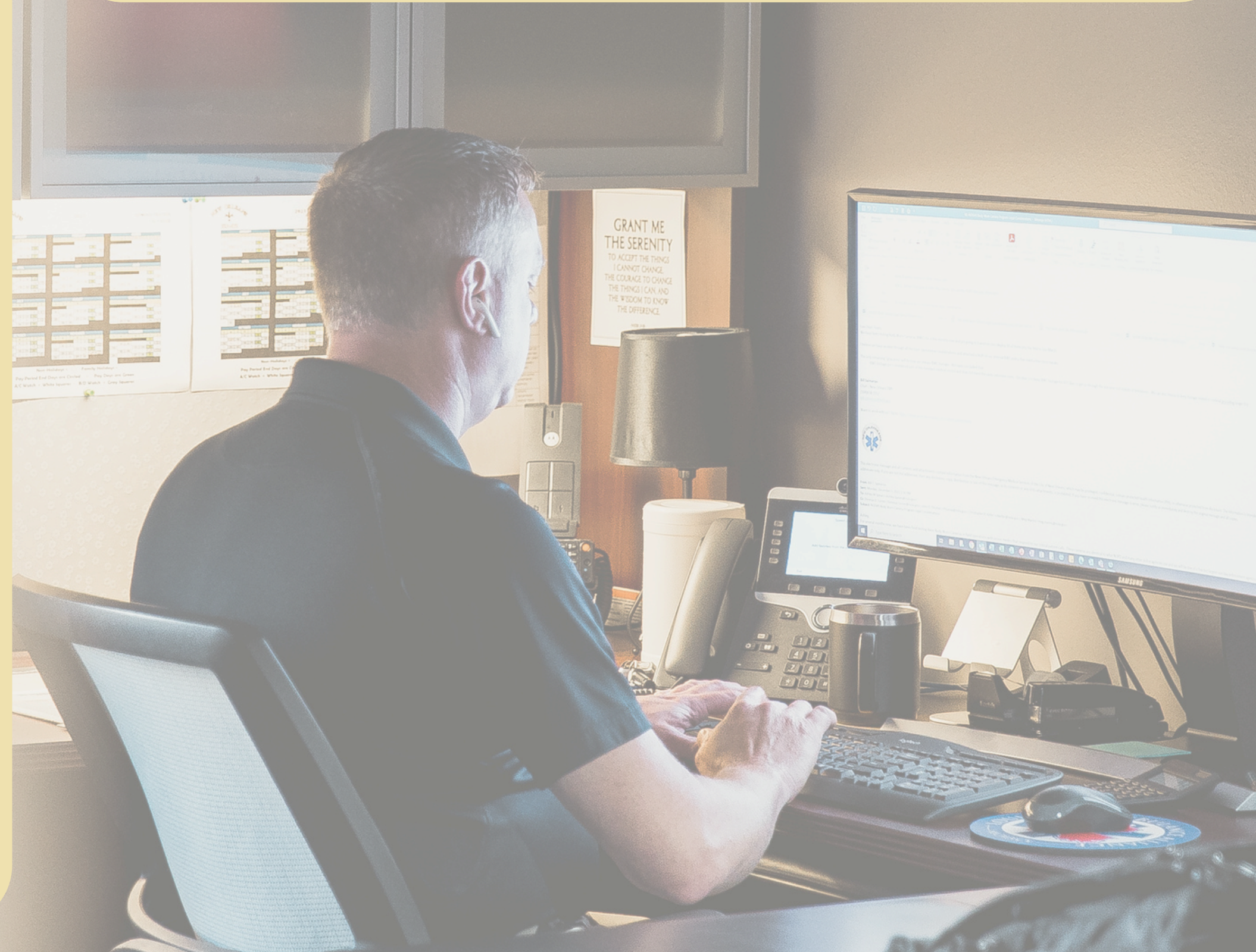
Step 5: Federal and State Criminal Background Check

- A thorough criminal background check covering all U.S. states and territories.

Step 6: Medical and Drug Examination

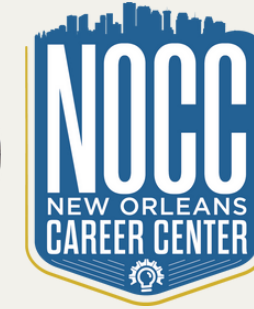
- Includes a chest and lumbar spine x-ray, stress ECG test, physical agility test, and drug screening.

Once hired, recruits will undergo six months of paid training as EMS Recruits, with classes held at NOEMS Headquarters and the New Orleans Career Center. After successfully graduating, recruits will be promoted to EMTs.



Overview of the Physical Agility Assessment

The physical fitness screening is a critical part of the hiring process, designed to ensure candidates can safely meet the physical demands of the role by simulating real-world tasks such as lifting patients, navigating challenging environments, and maintaining physical endurance.



Lifting Abilities

- Lift with 2 hands from floor to knuckles: 133 lbs x 2
- Lift with 1 hand from floor to knuckles: 28 lbs x 2
- Lift with 2 hands from floor to waist: 133 lbs x 2
- Lift with 2 hands from floor to shoulders: 28 lbs x 2

Pushing and Pulling Abilities

- Push horizontally with hands (between waist and mid-chest): 120 lbs of peak force with two hands
- Pull horizontally with hands (between waist and mid-chest): 120 lbs of peak force with two hands

Carrying Abilities

- Carry with 2 hands at self-selected height: 28 lbs for 250 feet
- Carry with 1 hand at self-selected height: 28 lbs for 250 feet

Threshold Abilities

- Negotiate a 24" step up while climbing in and out of an ambulance

Climbing Abilities

- Stair Climb Test: Climb 13 steps up and down
- Step Ladder Climb Test: Climb 10 rungs up and down
- Vertical Ladder Climb Test: Climb 10 rungs up and down

Carrying and Stair Climbing

- Carry 28 lbs with 1 hand at a self-selected height while climbing 13 steps up and down (x2)

Agility and Functional Movements

- Stooping and Twisting: Perform 5 alternate toe touches to each side from standing
- Kneeling: Alternate kneeling on each knee from standing, returning to full standing. Repeat 5 times per knee
- Sustained Squatting: Lower body into a squat and hold for 30 seconds
- Repetitive Squatting: Perform 5 squats

NOEMS RECRUIT ACADEMY: CLINICAL EDUCATION



6-month program combining classroom and field instruction to prepare recruits for success as certified EMRs and EMTs at New Orleans EMS

Classroom Instruction:

- 380+ hours of EMT-specific coursework
- pre-course in medical terminology



Clinicals and Ride-Alongs:

- 24+ hours of direct patient care experience alongside NOEMS medics



Emergency Vehicle Operations:

- Training on operating ambulances and other EMS vehicles



Community Education and Outreach:

- Teach the public basic lifesaving skills like hands-only CPR and Stop the Bleed



Academic Support:

- Study halls
- Practice tests
- 1-on-1 and/or group tutoring



NOEMS RECRUIT ACADEMY: WRAP AROUND SERVICES

Modeled after the proven success of the EMS Corps program, the NOEMS Recruit Academy offers wraparound services to empower recruits not only to succeed in training but also to thrive in their future careers.

Case Management

One-on-one support to address challenges such as housing, transportation, and childcare

Life Coaching

Skills and strategies to manage stress, set goals, and build personal resilience

Therapy

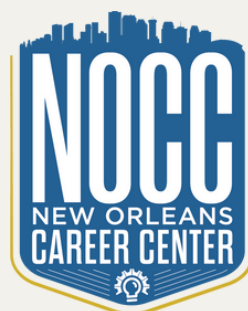
Individual and group therapy sessions led by our in-house mental health provider

Mentorship

Guidance from experienced EMS professionals who provide insights into the job and career development

Professional Development

Develop competencies in essential non-technical skills, including effective communication, teamwork, de-escalation techniques, etc.



BELIEVE
YOU CAN

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After graduation, you'll become part of a workforce that is the heartbeat of New Orleans. As an EMS first responder, you'll play a vital role in serving and supporting this vibrant community. For decades, we've proudly been the 911 provider of emergency medical services, responding to every call with unwavering dedication. Our mission is simple: to deliver exceptional prehospital emergency care and make a lasting impact on the lives of those we serve.

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Work Life after the Recruit Academy

Once through the recruit academy, you will be assigned to a watch rotation, working a 2-2-3 rotation of 12 hour shifts. This schedule insures 24/7 emergency medical service coverage to the City of New Orleans.

Additionally, there will be mandatory overtime for events such as Mardi Gras and New Years Eve.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ON	OFF	OFF	ON	ON	OFF	OFF
OFF	ON	ON	OFF	OFF	ON	ON

FRQUENTLY ASKED QUESTIONS

Q: Do I have to live in New Orleans to get hired?

A: No. Public Safety Employees are not required to live in Orleans Parish at this time. All testing will be conducted in person in the City of New Orleans.

Q: What are the important deadlines for the upcoming NOEMS Recruit Academy?

- **Application period: December 2, 2024 - January 31, 2025**
- **Interview period: February 2025**
- **Academy start date: March 31, 2025**

Q: Do I need previous EMS experience to apply?

A: Nope, previous EMS experience is not required. The academy is designed to train recruits from the ground up, including providing the necessary certifications and field experiences.

Q: Can I have another job while participating in the academy?

A: The NOEMS Recruit Academy is a full-time, intensive 6-month program. To maximize success, recruits are strongly encouraged to focus solely on their training during this period. Recruits earn \$17.15/hour while training, providing the opportunity to "earn while you learn." Any secondary employment must receive prior approval.

Q: What certifications will I receive upon completing the NOEMS Recruit Academy?

A: Recruits will receive Emergency Medical Responder (EMR) and Emergency Medical Technician (EMT) certifications.

Q: Will the academy help me with job placement after graduation?

A: The academy trains recruits to become certified EMTs. Graduates who successfully complete the program and certification process will be promoted to full-time NOEMS EMTs.

Q: Are there opportunities for career advancement after I become an EMT?

A: Yes, there are multiple opportunities for career advancement after becoming an EMT with NOEMS. We offer an in-house Advanced EMT training program to further develop your skills and qualifications. Additionally, there are opportunities to train and join specialized teams such as the bike team, water rescue, and more, allowing you to expand your expertise and take on new challenges within EMS.

Q: What is the success rate of the NOEMS Recruit Academy?

A: The NOEMS Recruit Academy is the first civilian EMT training program hosted by New Orleans EMS, we have a proven track record of successfully training New Orleans firefighters and Police in obtaining their EMT certification.



NEW ORLEANS EMERGENCY MEDICAL SERVICES

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